

## START + SHARE

### POTATO JACKETS

Bacon, chicken, cheddar, ranch

### HOUSE-MADE COCONUT SHRIMP

Sweet chili thai sauce

### BAKED LOBSTER & CRAB DIP

Baked creamed fusion,  
crisp tortilla chips

### LOBSTER STUFFED MUSHROOMS

Cremini mushrooms, melted mozzarella,  
balsamic reduction

### BAKED ARTICHOKE DIP

Artichoke hearts, cheese, herbs,  
crisp tortilla chips

### HAND-DUSTED CALAMARI

Cajun aoili

### CLASSIC SHRIMP COCKTAIL

Chilled black tiger shrimp, cocktail sauce,  
lemon

### SIGNATURE BATTERED MUSHROOM CAPS

Southwest dip

### BAKED SHRIMP OR ESCARGOT MONTEBELLO

Garlic butter, mozzarella cheese

### P.E.I MUSSELS

Herbed tomato, lemon wine or dill broth,  
garlic bread 1lb/ 2lb/

### CRAB CAKES

Crispy, bruschetta salsa

### SCALLOPS

Pan seared medallions, maple bacon  
gastrique

### TEMPURA BATTERED BEANS

Teriyaki sauce

### SHRIMP TRIO

Coco shrimp, grilled shrimp skewer, popcorn shrimp

### BROCCOLI CHEDDAR BITES

### VEGGIE TRIO

Tempura beans, onion rings, broccoli cheddar bites

## SALADS + SOUPS

add shrimp skewer or scallop skewer

### TRADITIONAL CAESAR

Seasoned croutons, bacon bits,  
asiago/parmesan cheese blend

Appetizer Large

### HERITAGE BLEND

Artisan greens, tomato, red onion, julienne  
carrots, asiago/parmesan cheese blend,  
house balsamic dressing

Appetizer Large

### LOBSTER BISQUE

## ENTRÉE SALADS

### SEAFOOD MEDLEY SALAD

Grilled haddock, calamari, shrimp, romaine,  
roasted red peppers, goat cheese, house  
balsamic vinaigrette

### SPICY THAI CHICKEN CRUNCH SALAD

Sweet and spicy chicken tenders, artisan  
greens, red onion, roasted red peppers, julienne  
carrots, mango, spicy thai vinaigrette

### WARM MUSHROOM & GOAT CHEESE SPINACH SALAD

Cranberries, roasted red peppers, roasted maple  
walnuts, house balsamic dressing

### GRILLED SALMON SALAD

Heritage greens, roasted red peppers, onion,  
tomato, asiago/parmesan cheese blend,  
balsamic dressing

### HONEY MUSTARD PRETZEL CRUSTED CHICKEN SALAD

Romaine and spring mix salad,  
hot honey mustard dressing

## SURF

RESPONSIBLY SOURCED FROM CERTIFIED SUSTAINABLE FISHERIES

Accompanied with choice of potato or rice and fresh seasonal vegetables

### LIGHTLY DUSTED PICKEREL

Pan-fried northern favourite  
*May occasionally contain bones*

### GRILLED ATLANTIC SALMON

Lemon pepper seasoning, tomato salsa

### MAPLE WALNUT SALMON

Grilled, topped with maple gastrique and roasted maple walnuts

### FISHERMAN PLATTER

Shrimp, scallops, lightly dusted pan fried haddock  
Add Mussels Lobster Tail

### PROSPECTOR FISHERMAN PLATTER

Pickerel, scallop medallions, jumbo shrimp  
Add Mussels Lobster Tail

### LOBSTER TAIL DINNER

Warm garlic butter

### HONEY LEMON RAINBOW TROUT

Honey lemon reduction beurre crème

### PANKO CRUSTED PICKEREL WITH BRUSCHETTA

Light and crispy texture

### LEMON CAPER SALMON

Creamy tomato wine butter sauce

### FISHBOWL FAMOUS FISH & CHIPS

"Taste How It All Started"

Haddock, signature Fishbowl batter, fresh cut fries, tartar sauce, house prepared coleslaw  
2 pieces 1 piece

## TURF

Served with fresh seasonal vegetables and your choice of potato or rice

### SIRLOIN STEAK 8 oz

### BREADED STEAK WITH HUNTER SAUCE

Mushroom, tomato beef wine sauce

### SIRLOIN STEAK AND SHRIMP

### BACON WRAPPED BEEF TOURNADOS 4 oz

### BACON WRAPPED FILET MIGNON 7 oz

#### ADD COMPOUND BUTTERS

SMOKED WHISKEY  
CHIVE GARLIC BLUE CHEESE  
DILL LEMON CAPER  
DIJON HORSERADISH

#### ADD SAUCE & MORE

WHISKEY PEPPERCORN  
BÉARNAISE

#### GRILLED TO PERFECTION

BLUE RARE Warm, blue center	MEDIUM Warm, pink center
RARE Warm, bright red center	MEDIUM WELL Hot, trace of pink
MEDIUM RARE Warm, red center	WELL DONE Hot, fully cooked

## FLAMEBROILED PORK BACK RIBS

House maple bourbon BBQ sauce, fresh cut fries, house made coleslaw  
Half Rack

## CHICKEN

Served fully plated as described

### PECAN CRUSTED MAPLE DIJON CHICKEN

Pan seared, oven baked dusted chicken, fresh seasonal vegetables, mashed potatoes

### RIVERSIDE CHICKEN

Grilled chicken breasts, maple bourbon BBQ sauce, sautéed mushrooms, melted cheese blend, mashed potatoes

### FRENCH ONION CHICKEN

Grilled chicken breasts, frenched white onions, garlic beef wine sauce, mashed

### PRETZEL CRUSTED CHICKEN DIJON MUSTARD CHEESE SAUCE

Grilled chicken breasts, tangy-slightly spicy rich cheese sauce

## PASTA

Available with rice penne GF

Add caesar or heritage blend salad

### LOBSTER LINGUINE

Creamy roasted red pepper sauce, sautéed red onions, woodland mushrooms, asiago/parmesan cheese blend

### MUSHROOM & GOAT CHEESE LINGUINE

Virgin olive oil, garlic, pesto, sundried tomatoes, roasted red peppers, spinach, primavera sauce

### LOBSTER RAVIOLI

Tarragon cream sauce, garlic bread

### SEAFOOD LINGUINE

Sautéed black tiger shrimp, calamari, haddock, mussels, pesto, tomato sauce, asiago/parmesan cheese blend

### SHRIMP OR CHICKEN ALFREDO

Herbed tomatoes, onion, spinach, asiago/parmesan cheese blend

### BACON MAC & CHEESE

Creamy cheddar cheese sauce, bacon, parmesan cheese

### MUSHROOM PESTO A LA GENOVESE FARFALLE

Creamy pesto, mushrooms, red peppers, parmesan cheese, shrimp or chicken

## BETWEEN THE BUNS

Fresh home cut fries & coleslaw

### MATTAGAMI CHEESE BURGER

Local Mattagami Heights Farm\* patty, smoked bacon, aged Canadian cheddar, lettuce, tomato, red onion, pickle, pretzel bun

### SURF AND TURF BURGER

Local Mattagami Heights Farm\* patty, lobster cream fusion, lettuce, tomato, dill aioli, pretzel bun

\* Mattagami Heights Farm grass-fed extra lean beef is 100% antibiotic free with no added hormones

### MUSHROOM GOAT CHEESE VEGGIE BURGER

Beyond Meat burger, mango chutney, sautéed mushrooms, sautéed onions

## BOWLS

### COCO CURRY GINGER RICE BOWL

Chicken or shrimp, curry coconut cream sauce, mango, asian vegetables, basmati rice

### SPICY PEANUT UDON NOODLE BOWL

Shrimp or chicken, fresh vegetables, spicy peanut fusion sauce, udon noodles

### DUMPLING MUSHROOM BABY BOKCHOY BOWL

Pork dumplings, fresh vegetables, asian broth, rice noodles

### THAI CHICKEN RICE BOWL

Fresh vegetables, thick thai slurry sauce, basmati rice, black sesame seeds, bean sprouts

### BEEF SESAME GINGER UDON NOODLE BOWL

Savory beef, fresh vegetables, asian broth, rice noodles, black sesame seeds

### CHICKEN OR ASIAN BEEF STIR FRY

Fresh vegetables, asian stir fry sauce, basmati rice, bean sprouts

### CHICKEN TIKKA MASALA

Marinated chicken, creamy yogurt, garam masala, tomato sauce, ginger, cilantro, coriander, basmati rice

### SEAFOOD BOUILLABAISSSE

Medley of fish and seafood, rich fennel flavoured tomato wine sauce

## SIDES

Fresh home cut fries  
Sweet potato fries  
Garlic mashed potatoes  
Steak cut fries  
Baked potato  
Sautéed mushrooms  
Fresh seasoned vegetables  
Sautéed onions  
Shrimp skewer  
Scallop skewer  
Fishbowl poutine  
Mussels  
Onion rings

Please alert your server if you have special dietary requirements  
[www.fishbowlrestaurants.com](http://www.fishbowlrestaurants.com)